EMERGENCY ACTION PLAN

Weight Room

A SERIOUS INJURY IS ANY CONDITION WHEREBY THE ATHLETE'S LIFE MAY BE IN DANGER OR RISKS PERMANENT IMPAIRMENT. THESE INJURIES INCLUDE BUT ARE NOT LIMITED TO: CERVICAL SPINE INJURIES, HEAD INJURIES, LOSS OF LIMB, SERIOUS BLEEDING, SHOCK, SERIOUS FRACTURES, HEAT STRESS AND CARDIOVASCULAR ARREST.

Emergency Personnel: Licensed Athletic Trainer on site.

Emergency Communication:
Cellular phone with AT 203-640-8623
Training room phone numbers - 203-397-1001 X513, X514, X 515
Campus Security - 203-214-1931

Emergency Equipment:
Athletic Training Kit, Splint Bag, O2, Biohazard/First Aid Kit, Airways, EpiPen, Ambu bag, Crutches

AED located in downstairs of Athletic Center outside the Athletic Training Room. Alternate AED is in the pool office.

Additional emergency supplies in athletic training room in Walter Camp Athletic Center

Emergency Procedures:
1. Call AT Cell Phone number if ATC is not on site.
2. Perform Emergency CPR and First Aid if certified
3. Call 911 (9-911 from a school phone) and be prepared to provide the following information
   a. Who you are
   b. General information about the injury or situation
   c. Where you are (Provide: name, address, telephone #, number of individuals injured, specific directions*).

   Hopkins School
   Walter Camp Athletic Center – upper level
   986 Forest Road
   New Haven

   d. *BE THE LAST TO HANG UP*
4. Contact School Security at 203-214-1931
5. Meet ambulance (designate person) and direct to appropriate site
   a. Open Appropriate Gates/Doors
   b. Designate an individual to "flag down" and direct to scene.
   c. Control injury site, limit care providers etc.
6. Assist ATC and/or EMS with care as directed
7. Retrieve Necessary Supplies/Equipment